

# Cambridge English

# EMPOWER

**ELEMENTARY  
STUDENT'S BOOK**

**A2**

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# Contents

Lesson and objective	Grammar	Vocabulary	Pronunciation	Everyday English
<b>Welcome!</b>	Possessive adjectives; <i>a</i> and <i>an</i> ; Plurals; Question words	Numbers; The alphabet; Colours; Classroom objects and instructions	Noticing word stress	Saying hello and introducing people; Spelling words
<b>Unit 1 People</b>				
<b>Getting started</b> Talk about meeting people from other countries				
<b>1A</b> Talk about where you're from	<i>be</i> : positive and negative	Countries and nationalities	Syllables and word stress	
<b>1B</b> Talk about people you know	<i>be</i> : questions and short answers	Adjectives	Sound and spelling: /k/; Sound and spelling: long and short o	
<b>1C</b> Ask for and give information			Tones for checking; Consonant groups	Asking for and giving information
<b>1D</b> Write an online profile				
<b>Review and extension</b> More practice		<b>WORDPOWER</b> <i>from</i>		
<b>Unit 2 Work and study</b>				
<b>Getting started</b> Talk about what kind of work you find interesting				
<b>2A</b> Talk about jobs	Present simple: positive and negative	Jobs	Word stress; -s endings	
<b>2B</b> Talk about study habits	Present simple: questions and short answers	Studying; Time	<i>do you</i>	
<b>2C</b> Ask for things and reply			Sound and spelling: <i>ou</i>	Asking for things and replying
<b>2D</b> Complete a form				
<b>Review and extension</b> More practice		<b>WORDPOWER</b> <i>work</i>		
<b>Unit 3 Daily life</b>				
<b>Getting started</b> Talk about what you do every day				
<b>3A</b> Talk about routines	Position of adverbs of frequency	Time expressions; Common verbs	Sentence stress; Sound and spelling: /aɪ/ and /eɪ/	
<b>3B</b> Talk about technology in your life	<i>have got</i>	Technology	Word stress; Main stress and tone	
<b>3C</b> Make arrangements			Main stress; Thinking time: <i>Mm</i>	Making arrangements
<b>3D</b> Write an informal invitation				
<b>Review and extension</b> More practice		<b>WORDPOWER</b> Prepositions of time		
<b>Unit 4 Food</b>				
<b>Getting started</b> Talk about eating with your family				
<b>4A</b> Talk about the food you want	Countable and uncountable nouns; <i>a / an, some, any</i>	Food	Sound and spelling: <i>ea</i> Sound and spelling: /k/ and /g/	
<b>4B</b> Talk about the food you eat every day	Quantifiers: <i>much, many, a lot of</i>	Talking about food	Sentence stress	
<b>4C</b> Arrive and order a meal at a restaurant			Word groups	Arriving at a restaurant; Ordering a meal in a restaurant
<b>4D</b> Write a blog about something you know how to do				
<b>Review and extension</b> More practice		<b>WORDPOWER</b> <i>like</i>		
<b>Unit 5 Places</b>				
<b>Getting started</b> Talk about what a good home is				
<b>5A</b> Talk about towns	<i>there is / there are</i>	Places in a city	<i>there's</i> ; Sound and spelling: /b/ and /p/	
<b>5B</b> Describe rooms and furniture in your house	Possessive pronouns and possessive 's	Furniture	Sound and spelling: vowels before <i>r</i>	
<b>5C</b> Ask for and give directions			Sentence stress	Asking for and giving directions
<b>5D</b> Write a description of your neighbourhood				
<b>Review and extension</b> More practice		<b>WORDPOWER</b> Prepositions of place		
<b>Unit 6 Family</b>				
<b>Getting started</b> Talk about a family you know				
<b>6A</b> Talk about your family and your family history	Past simple: <i>be</i>	Family; Years and dates	Sound and spelling: /ʌ/; Sentence stress	
<b>6B</b> Talk about past activities and hobbies	Past simple: positive	Past simple irregular verbs	- <i>ed</i> endings; Sound and spelling: <i>ea</i>	
<b>6C</b> Leave a voicemail message and ask for someone on the phone			Sound and spelling: <i>a</i>	Leaving a voicemail message
<b>6D</b> Write a life story				
<b>Review and extension</b> More practice		<b>WORDPOWER</b> <i>go</i>		

Listening and Video	Reading	Speaking	Writing
Five conversations		Saying hello and introducing people	Names and addresses
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A conversation about where you're from		Where you're from	Sentences about you
A conversation about people you know	Facebook entries about people you know	People you know	Notes about people you know
At the gym reception		Asking for and giving information; Checking understanding	Unit Progress Test
First day of an English course	Online profiles	Using social networking sites	An online profile; Capital letters and punctuation
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A conversation about a TV programme	An article about Ice Road Truckers	Jobs	Sentences about jobs
A survey about study habits	An online forum about study habits	Studying; Study habits	Questions about study habits
Ordering in a café; Asking for help		Asking for things and replying; Reacting to news	Unit Progress Test
Three monologues about studying English; A teacher addressing her class	A competition entry form	Studying English	A form; Spelling
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A conversation about family routines	An article about an Indian family	Daily routines; Spending time with your family; Routines you share with others	A dialogue; Notes about routines you share with other people
Three conversations about gadgets	An interview about using the Internet	Using the Internet; Technology in your life	Sentences about gadgets you've got; Questions about gadgets you've got
Making arrangements to go out		Making arrangements; Thinking about what you want to say	Unit Progress Test
A monologue about someone's family	Two informal emails	Your family	An informal email invitation; Inviting and replying
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A conversation about buying food	An article about World markets	Buying food; The food you like and don't like	
A conversation about cooking	A factfile about Heston Blumenthal; Two personal emails	Cooking programmes; Cooking; The food you eat	Questions about food
At a restaurant		Arriving at a restaurant; Ordering a meal in a restaurant; Changing what you say	Unit Progress Test
Four monologues about cooking	A cooking blog	Cooking; A good cook you know; Cooking for others	A blog about something you know how to do; Making the order clear
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	An article about an unusual town	Places you like; Describing a picture of a town; What there is in a town	Questions and sentences about what there is in a town
A conversation about a new home	A newspaper advertisement	Your home and furniture	Sentences about your home
On the street		Giving and following directions; Checking what other people say	Unit Progress Test
Three monologues about neighbourhoods	A website about neighbourhoods around the world	What makes a good neighbourhood; Your neighbourhood	A description of your neighbourhood; Linking ideas with <i>and</i> , <i>but</i> and <i>so</i>
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A conversation about a family tree		Your family	Notes about your family
A conversation about childhood hobbies	An article about Steve Jobs	Steve Jobs; What you did at different times; A childhood hobby	Notes about a childhood hobby
On the phone		Leaving a voicemail message; Asking for someone on the phone; Asking someone to wait	Unit Progress Test
A monologue about someone's life story	A life story	Important years in your life	A life story about someone in your family; Linking ideas in the past

Lesson and objective	Grammar	Vocabulary	Pronunciation	Everyday English
<b>Unit 7 Journeys</b>				
<b>Getting started</b> Talk about where you'd like to travel to				
<b>7A</b> Talk about past journeys	Past simple: negative and questions	Transport	<i>did you;</i> Sound and spelling: /ɔ:/	
<b>7B</b> Talk about what you like and dislike about transport	<i>love / like / don't mind / hate + verb + -ing</i>	Transport adjectives	Word stress	
<b>7C</b> Say excuse me and sorry			Tones for saying <i>excuse me;</i> Emphasising what we say	Saying excuse me and sorry
<b>7D</b> Write an email about yourself				
<b>Review and extension</b> More practice		<b>WORDPOWER</b> <i>get</i>		
<b>Unit 8 Fit and healthy</b>				
<b>Getting started</b> Talk about sport and exercise for other people				
<b>8A</b> Talk about past and present abilities; Talk about sport and exercise	<i>can / can't; could / couldn't</i> for ability	Sport and exercise	<i>Can, can't, could</i> and <i>couldn't;</i> Sound and spelling: /u:/ and /ʊ/	
<b>8B</b> Talk about the body and getting fit	<i>have to / don't have to</i>	Parts of the body; Appearance	<i>have to;</i> Word stress	
<b>8C</b> Talk about health and how you feel			Joining words	Talking about health and how you feel
<b>8D</b> Write an article				
<b>Review and extension</b> More practice		<b>WORDPOWER</b> <i>tell / say</i>		
<b>Unit 9 Clothes and shopping</b>				
<b>Getting started</b> Talk about shopping in your town or city				
<b>9A</b> Say where you are and what you're doing	Present continuous	Shopping; Money and prices	Word stress in compound nouns; Sentence stress	
<b>9B</b> Talk about the clothes you wear at different times	Present simple or present continuous	Clothes	Sound and spelling: <i>o;</i> Syllables	
<b>9C</b> Shop for clothes			Joining words	Choosing clothes; Paying for clothes
<b>9D</b> Write a thank-you email				
<b>Review and extension</b> More practice		<b>WORDPOWER</b> <i>time</i>		
<b>Unit 10 Communication</b>				
<b>Getting started</b> Talk about how you use your mobile phone				
<b>10A</b> Compare and talk about the things you have	Comparative adjectives	IT collocations	Sentence stress	
<b>10B</b> Talk about languages	Superlative adjectives	High numbers	Word stress; Main stress	
<b>10C</b> Ask for help			Main stress and tone	Asking for help
<b>10D</b> Write a post expressing an opinion				
<b>Review and extension</b> More practice		<b>WORDPOWER</b> <i>most</i>		
<b>Unit 11 Entertainment</b>				
<b>Getting started</b> Talk about what you enjoyed when you were a child				
<b>11A</b> Ask and answer about entertainment experiences	Present perfect	Irregular past participles	Sound and spelling: /ɜ:/	
<b>11B</b> Talk about events you've been to	Present perfect or past simple	Music	Syllables	
<b>11C</b> Ask for and express opinions about things you've seen			Main stress and tone	Asking for and expressing opinions
<b>11D</b> Write a review				
<b>Review and extension</b> More practice		<b>WORDPOWER</b> Multi-word verbs		
<b>Unit 12 Travel</b>				
<b>Getting started</b> Talk about photographs				
<b>12A</b> Talk about holiday plans	<i>going to</i>	Geography	Syllables and word stress Sentence stress	
<b>12B</b> Give advice about travelling	<i>should / shouldn't</i>	Travel collocations	<i>Should / Shouldn't</i>	
<b>12C</b> Use language for travel and tourism			Tones for showing surprise; Consonant groups	Checking in at a hotel; Asking for tourist information
<b>12D</b> Write an email with travel advice				
<b>Review and extension</b> More practice		<b>WORDPOWER</b> <i>take</i>		
<b>Communication Plus</b> p.129	<b>Grammar Focus</b> p.136	<b>Vocabulary Focus</b> p.160		

Listening and Video	Reading	Speaking	Writing
A conversation about travelling on the Silk Road	An article about the Silk Road; Two blogs about travelling on the Silk Road	Transport people use; Past journeys	
A conversation about transport in Moscow On the train	A webpage about metros around the world; Four reviews of metros	Metros you know; Disagreeing about transport; Transport you use Saying excuse me and sorry; Showing interest	<b>Unit Progress Test</b>
A conversation about choosing a homestay family	Two online profiles; An email about Ahmed	Homestay families; English-speaking countries you'd like to visit	An email about yourself; Linking ideas with <i>after</i> , <i>when</i> , and <i>while</i>
A podcast about how the Olympics can change a city Two monologues about exercise At the gym	An article about Paralympian Jonnie Peacock An article about High Intensity Training	Famous sport events and people; The Olympics; Present and past abilities Getting fit; The things people have to do; Yoga; Parts of the body Health and how you feel; Expressing sympathy	Sentences and notes about what people have to do <b>Unit Progress Test</b>
A conversation about a free-time activity	An email about a company blog; A blog article about a free-time activity	Free-time activities in your country; Your free-time activities	An article; Linking ideas with <i>however</i> ; Adverbs of manner
Four phone conversations about meeting Two phone conversations about what people are wearing Shopping for clothes	Two blogs about living abroad; Text messages about what people are doing	Meeting friends in town; Saying where you are and what you're doing Shopping; Festivals in your country; The clothes you wear Choosing clothes; Paying for clothes; Saying something nice	Sentences about what you are doing Notes about what someone you know is wearing <b>Unit Progress Test</b>
Four monologues about giving presents	Two thank-you emails	The presents you'd like; Giving presents and thanking people for them	A thank-you email; Writing formal and informal emails
A podcast about smartphones and tablets A radio programme about languages Asking for help	A webpage about smartphones and tablets A blog about languages	Smartphones and tablets; Using the Web; Comparing two similar things Languages; Blogs and language websites Asking for help; Checking instructions	Notes about two similar things <b>Unit Progress Test</b>
Three monologues about text messages	Four text messages; Six posts on an online discussion board	Sending messages	A post expressing an opinion; Linking ideas with <i>also</i> , <i>too</i> and <i>as well</i>
A conversation about a magazine quiz A conversation about music in Buenos Aires A night out	Three fact files about actresses; A magazine quiz about actresses; An article about actresses An article about Buenos Aires	Famous Australians Buenos Aires; Kinds of music; Entertainment events in your town or city Going out in the evening; Asking for and expressing opinions; Responding to an opinion	Notes about entertainment events in your town or city <b>Unit Progress Test</b>
A conversation about a film	Two online film reviews	Films	A film review; Cohesion in paragraphs
Two conversations about holidays Two monologues about things people like when travelling A prize holiday	A webpage about holidays An article about living in a different country	Natural places; Important things when on holiday; Holiday plans Living in a different country; Travelling and holidays; Giving advice about travelling Checking in at a hotel; Asking for tourist information; Showing surprise	<b>Unit Progress Test</b>
A conversation about a planned holiday	An email with travel advice; An email asking for travel advice	Planning holidays; Sweden	An email with travel advice; Paragraph writing